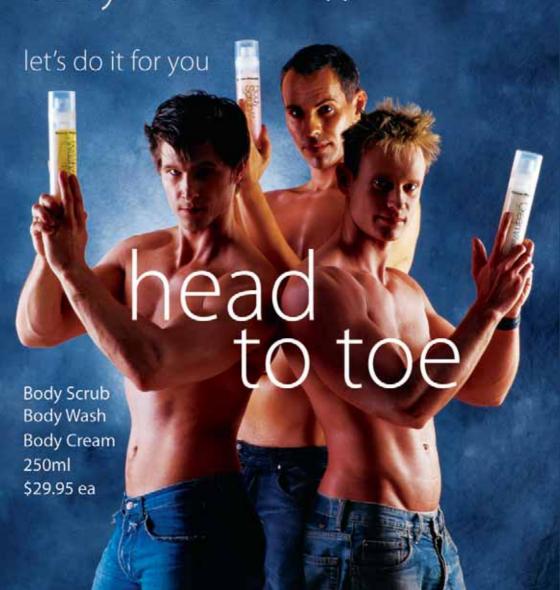


UK Superstars - Westlife - in another exclusive, Q caught up with the guys while they were in Melbourne.

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## **APRIL 2006**

## comment: WE'RE TWO

Issue 23

On this very special occasion, two songs come to mind: "They Said You'd Never Make it" and "If They Could See Me Now". I don't think Tom or I knew what we were creating when we started our little publication in 2004, but boy are we proud of what it has become.

We have so many people to thank: all of the fabulous advertisers who, by supporting Q Magazine, have kept it on the shelves; all of the writers who, on a monthly basis, create the editorial Q Magazine has become famous for; all the people who have advised and assisted me with the very steep learning curve I have personally gone through - and allowed me to develop the skills to be able to design what has become mine and Tom's little baby - thank you thank you thank you.

And from me to Tom - you are a great friend - thank you for the guidance you have given me and the trust you have had in me - love you and thank you from the bottom of my heart - none of this would have been possible without you.

And last, but by no means least, YOU - the person who has consistently picked up our publication, bought products or used services from our advertisers, sent lovely letters of support to our writers, and continually surprise me with the numbers of entries in our giveaway section.....and speaking of that, I could not do Q WIN without the unbelievable support of the businesses who give us product - in particular Sony BMG, Warner Music (formerly FMR), Shock Records, and more recently Liberation Music.

So where to from here? With your support and the continuing support of our fabulous advertisers and suppliers, I hope we keep moving gayly forward for many years to come.

Thank you again - from all of us at Q Magazine to all of you who make Q Magazine what it is and continues to be.

Please enjoy your second birthday edition of Q!.



Below: Brecik singing live at DIVA Bar.







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## q celebrity: WESTLIFE

#### To what do we owe the pleasure of Westlife's company down under?

Well just the fact that we recorded our latest album last summer and the album has done really really well in many countries around the world and our singles have been very very big plus we haven't been in Australia for a good five years, so I think the record company looked at us and thought it was good bet to come on down. Australia is a fantastic country and one which we have not been to in a long time, and it's just having a second crack at it – get a shot to get down here – make ourselves reasonably successful down here – a country that we'd love be coming back to three or four times a year – doing concerts and seeing all the Australian beautiful people. It's all a promotional tour.

#### Over the years, you have had to replace members of the band. How difficult is/was that?

We were basically told by our management how it was to be done, if we were serious and wanted to be successful. It started with the three of us, then our manager said it wasn't going to work as a three piece, and we found Nicky and Brian – and that became the core of Westlife. I think from there, right up until the day that Brian left, it was perfect. We loved it all, we were all really enjoying it, we thought we had the perfect band – we knew we were very strong vocally, we knew we were very strong at what we did. Then we got to the stage where Brian left – obviously that was a big kick in the arse – it was a case of "we can't believe this is happening". That was three years ago, and now our albums are more successful than they were – and with all due respect to Brian – we are a better band without him. The four of us absolutely love what we do (Brian didn't really love what we did) and obviously when you have someone who doesn't love what you do it makes a difference.

## How important is it to have fellow-Irishmen in the line-up?

Personally I think it is the only reason we are still together. Not necessarily fellow-Irishmen but just friends you know. The four members are very close friends – we get on very very well – for example the last three days we had off, we spent it together. We grew up together, we live together, we spend time together....we really are good friends, and I think if we weren't that we wouldn't be still here.

## Do you think that is the secret to your longevity and success?

Well that and the right songs. You know, you can have four guys who hate each other in a band together and great songs - and they could be successful, but they won't be successful for eight years. I think if we continue to have great songs, we can continue to be successful for a very long time. Our audience is at a stage where they don't really care how old we are — they don't look at us as a boy band any more — we just get on stage and sing songs and people are enjoying it — we're enjoying it — and if we continue in that way, there's no reason why we can't keep doing it for another eight years.

## So will we see a tour of Westlife?

We'd love to tour Australia. If you want to compare it to what we do in the U.K. — we do concerts to 10000 people a night — and most of those gigs are sold out — and you have the agency going well you can do this in Asia and you can do this in the U.K.....it's all relevant. I think we need to spend some time here to build ourselves up to that stage — we just want to be able to come back down three or four times — do as much promotion as we can, to be able to achieve that. I think that's the way we would like to do it in Australia — fingers crossed that will happen for us. It's great to see the record label [Sony BMG] having an awful lot of faith in Westlife again in this part of the world.

Kian, thank you so much for your time. Lovely to talk to you [ditto].





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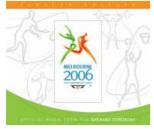
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## q music: AUDIBLE EXCELLENCE



#### Commonwealth Games

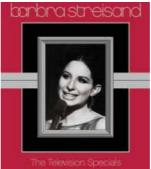
All the fanfare of the opening ceremony of 2006 Commonwealth Games is contained in this fabulous release through Sony BMG. This is truly a collectors Item and is available now in all the best record shops.

Aussie Aussie Aussie Oi Oi Oi



#### TransAmerica Soundtrack

If you haven't seen the film yet, and if you didn't catch Dolly Pardon singing "Travelin' Thru" at the Oscars, now is your chance to hear all you like of this blockbuster film. It is truly a fabulous soundtrack and available in store now through Shock Records.



#### Barbra Streisand

I can never get enough of this diva, and now Warner Music Vision releases the Ultimate DVD Box set featuring five classic early tv specials. If you're like me you'll be rushing out to get your copy now.



## **Greg Champion**

Greg Champion has twelve reasons to be Satisfied with his new adult contemporary album The Shack Tapes, recorded on a mates' retreat with Gary Carruthers, Rod Mc-Cormack and Ron Engelhardt. The Shack Tapes is a great companion to any road trip whether you're cruising around the city - Melbourne Town, heading from Stratford to Yarram or any Big Country Town. Released through ORiGiN Music, The Shack Tapes were launched during the Tamworth Country Music Festival in January 2006 and available through MGM at all good music stores.

## g album: THE WHITLAMS

I recently caught up with Tim Freedman and started by asking: How does Little Cloud compare to previous albums? It really goes back to the ethos of the big one in 1997 – Eternal Nightcap – in that I simplified the instrumentation. The last two albums were full of orchestras (strings and brass) and we decided to make an understated record – a little bit folkier and a little bit more intimate.



Well the phrase refers to not only acoustic music but also late night and more measured. It was probably always around but now it has much more of a following — particularly in America.

## The second disc was inspired whilst you were in New York. What is that city like musically?

It is the greatest city in the world....but not only that, it has the greatest music scene. I go there, and rather than perform, I become an audience member and I get inspired to go back to the loft and get on the piano.





You have tour dates set. Where will people be able to catch The Whitlams in concert?

We're known for rather rigorous tours, and nothing will change...capital cities in April and May and then we start venturing into the regional centres (which we always do). We're known for visiting touring precincts that other people don't go to — we've been going there since 1993

## Do you prefer recording or performing?

I actually prefer to perform live. The stifling weight of posterity isn't around my neck and it's all about the moment

## q win: TEST YOUR LUCK











#### 0n3

This is something truly amazing. We have 3 "party for 4" vouchers to giveaway from On3. Each voucher includes 1 hour of Barcode games per person, a game of bowling and shoe hire each, and 2 Van Gogh Vodka cocktails for four. Each voucher is worth over \$200. To enter and test your luck, email getfree@qmagazine.com.au OR sms 0429 88 OMAG with "On3" in the subject line.

## Sony BMG

A fabulous album and one which could be yours - if luck is on your side. Q Magazine, with the compliments of Emily and the crew at Sony BMG have 5 copies of the Barry Manilow album up for grabs. Email getfree@qmagazine.com.au OR sms 0429 88 QMAG with "Barry" in the subject line and one of them could be yours.

#### Warner Music

The Prince Ultimate album is out now in all good record stores, and we have 5 copies to give away. Simply email getfree@ qmagazine.com.au OR sms 0429 88 QMAG with "Prince" in the subject line to test your luck with this one.

## Gay Dinner Dates dot Com dot Au

Thanks to GayDinnerDates.com.au, we have 10 FREE Dinner Dates valued at \$33. To enter, visit www.gaydinnerdates.com.au. and follow the prompts to the Q Magazine competition. Entries close 19 April 2006.

#### The Natural Source

Treat yourself the calorie-free way and achieve a healthy bronze glow with a natural caramel treat — for your skin! We have three 'Byron Bronze' gift packs from The Natural Source to give away, each containing Terra Firma by The Natural Source Body Bronze Lotion and Body Glow Powder, valued at \$29.90. You know the drill - email getfree@qmagazine.com.au OR sms 0429 88 QMAG with "Natural" in the subject line..

\* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Apt. 3, 15 - 17 Charnwood Road, St. Kilda 3182. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of OMagazine. All monthly winners are notified by email or SMS.

## q trends: AUTUMN DECORATING

Room for change - If only you could make over your room as often as you update your wardrobe. Wouldn't it be great to have a seasonal change now from summer to autumn in your home.

Well you can by clever accessorizing. Start with classic key pieces that form the building blocks for different moods — the burnt tones of autumn come into play now from the freshness of summer and then move onto the sultry cosiness of winter. In the living room add a rich red leather chair or ottoman which boasts a combination of classic but with contemporary lines and still maintains the flexibility of giving a different look.

Some pieces can be transeasonal carrying on from one season to the next, and others can be brought in to celebrate the new season — much as you can mix furniture from one room to another — move a piece from the lounge into the study for example to maintain the tractability of a core furniture item. An ottoman for example can double as a table. Add romantic candles in large groups, a mirror, floor cushions and rugs. Screens are a great key piece, allowing you to break up the space in an open plan room. Use old objects in a new way such as transforming old drums into a table. Mix antique with modern. Rustic wood screens feel light and airy but are still natural and tactile.

Look out for transition colours that span one season to the next. Use colours to balance other elements. Never underestimate the impact of excellent artwork, a good rug or an stunning lamp and learn to use colour confidently but subtly. Embrace the forthcoming new season colours of deep plums, rich velvet reds, Hugh Heffner like smoking jackets and English style libraries and sink into the leather chair and enjoy.

Visit www.villaandhut.com for the seasons latest ideas.

## q whispers: with ADDAM STOBBS



Money can't buy you happiness? Is it truth or bull from those who 'hath not'?

Well it depends when you ask yourself that question. If you're going through a rough patch of anything, money can always help, and it can make the suffering/pain/irritation less annoying, you can do stuff to distract yourself from the immediacy of things. If you don't have cash then you're stuffed and you have to bear just about anything the universe and it's multitude of demons will throw at you.

It's not all bad, it can make you a 'better person' (yawn), by going through suffering you will grow closer to enlightenment (I know this from my years of religious education; suffering will bring you closer to God, apparently).

All of us can point to people around us who are the epitome and the exception to this universal statement that "money can't buy you happiness". What is the component of happiness that is not for sale? Is it just a state of mind? Or is it really so individual that there is no common denominator we can identify that makes each person happy.

I would say that Love, Sex, good technology, good health, expensive looking luggage are essentials to being happy. The thing that gay men have not got right yet is our obsession with relationships. It's about commitment, and years of repression and being told our relationships are "not valid" has led to a culture where we find it difficult to find "the one", so any sense of commitment is not generally forthcoming. I have the answer to being happy. I have been happy for 99.9% of my life. The co-factors are: I always have a partner, and I am generally easy going. Having a partner is not a prison sentence; it is an anchor for you to grow from within. Don't, however, think for a moment you have to articulate your relationship on heterosexual norms, you do not. It's not that difficult to find a partner you know, most gay men are their own worst enemies, and throw up huge barriers to denying themselves the thing they often crave the most.

Money may buy you a rented partner for a while, but it will not buy you happiness. Money will buy you sex, which is a good second best. Happiness is about brain chemistry, self image, and generally being nice to yourself and other people. I am happy, I have the brain chemistry of an amphetamine clinic, I think the sun shines out of my ano-deliciosa, and I am a total bitch to everyone.

## q says: with MADDISON DU PREY

## q joke of the month

Top ten things heterosexual people need to know about gay people:

- 1- We did NOT invent disco, stop blaming us.
- 2- We are not sure about Ricky Martin either.
- 3- We probably DID invent aged indigo denim, & we apologise
- 4- We are secretly glad Anne Heche is back on your side, she scares the shit out of us.
- 5- Our so-called "gaydar" does not get us more cable stations or better reception.
- 6- Kylie & Britney are ours, J-Lo & Celine are yours. Madonna is for sharing.
- 7- We are NOT surprised lan Thorpe advertises "pear necklaces".
- 8- If your male friend uses more than 3 hair products at any time, then yes, he is.
- 9- If your female friend wins Wimbledon 16 times, then yes, she is.
- 10- Relax, we don't recruit the unwilling.

I'm a Barbie girl ... Yes I am a Barbie girl and proud of it. I first started collecting these little gems when I was a wee lass of 7 years. I remember throwing a tantrum in the toy store when my mother said "No you can't have one, as you will lose all the clothes".



But now that I am a grown woman I can get them myself and get them I do. I have around 50 Silkstone Barbies and love and care for them all dearly.

Now, I am not talking about the ones you get at Myer or DJ's. I am talking about exclusive, gold label, collector editions. The hair is all hand styled into fabulous hairdo's and the gowns - well they are just exquisite. Most of them come with little rhinestone earrings, necklaces and some with tiaras. They release 7 exclusive dolls a year and I am first in line to get my little girls. And they are all in a display cabinet in my lounge for people to see. Hope you have enjoyed reading this as much as I have writing it.

## g wine: with PETE DILLON

Just for a change, this month I have looked at a few wine myths and the answers to them. There are many myths that abound in the wanky old wine arena and I think with a little bit of forethought we can change this perception.

Myth number 1 – Sauvignon Blanc is another way to spell New Zealand.

Whilst I agree that Marlborough, NZ and Sauv Blanc fit together like Batman and Robin, there are other Sauv Blancs of similar quality (and better price) that can be enjoyed just as much. The 2003 sauv Blanc from Suckfizzle and Stella Bella in the Margaret River (guess why I love THAT winery) is a perfect example of the grape. The wine is clear & clean with a great balance of fruit (that nice tangy passionfruit bite) and mouth feel, and long, lingering finish. A fabulous wine at \$22 from the cellar door.

## Myth number 2 - Riesling is something that was sweet and sickly and we drank it in the 80's cos we had no clue.

Yes I remember the 80's when a cask of Riesling or Moselle was the ultimate fashion accessory. Riesling has come of age and along with the other white aromatics (Viognier, Verdelho and the Pinot Gris/Grigio), is the new black of white wine. The Clare Valley Watervale Rieslings from SA have made a huge impact, and my fave from here is Crabtree of Watervale 2003 Riesling. A perfect match to a nice little Thai or Vietnamese dish, this is a rich and totally seductive wine (I want to marry it!) It has floral, lime aromas with a rich, luscious mouth filling lime and tropical fruit taste. Divine drinking at \$20.

#### Myth number 3 - I should buy wines with labels I know.

I steer right away from mass produced wines from big name labels (I cant mention them or someone might sue me). I find these wines have an ammonia type taste and use cheaper sulphur based preservatives which give you that gluggy head and dry horrors morning after over consumption. I also love supporting smaller, boutique wineries where the wines are still made with passion. Just over 2 hrs from Melbourne is the Pyrenees region and Peerick Vineyard at Moonambel is just the goods. Their 2001 reds are sensational, as is their 2003 Viognier. I would highly recommend supporting boutique and smaller vineyards, as there is every chance they are owned by the people making the wine and not a major player in the export market.

Don't be scared to try something you don't know and always ask in the bottle store if you want something different. You will be surprised how well the palette can develop.

For further information on any of the wines highlighted in Queer Wine, please either email wine@qmagazine.com.au or call 0409142365

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## g invest: with LISA PARKER

When is the best time to buy....

And how do I snag myself a great dude...I mean deal.....

Well these words often roll off the tongue of many investors (and guys looking for Mr right, but you will have to turn to an "In Bed with Ben" article for answers to that one). I can however give you the answer to "when is the best time to buy".

I know you probably hear it all the time, but really, the truth is that it's always a great time to invest!! Regardless if you are reading this article within a month of print of 4 years from now, if you understand the property cycle you will always know how to take advantage of it regardless of whether it is inclining, declining or sliding sideways.

Let's take a look at how it works. When property prices are declining a number of things start to occur. Developers will stop developing and wait for the market to start moving again in order to realise greater profits. This creates a lag of about 18 months where projects that are already in the pipeline are completed and excess stock is taken up as new property becomes scarce. A lack of new properties create an undersupply of good quality rental properties, which pushes the prices of rent up, (which we have been seeing in Melbourne now for the last 3-6 months). Once rents start rising the interest of savvy investors seeking higher yields come out of the wood work sparking a starting a small shift in property prices.

By this time we stop reading about the slump that we are apparently having (which, mind you, we still haven't had and we are not going to have...) and start hearing about property prices being on the rise, this goes on for about six months before the "speculative investors" and "Mum & Dad investors" start creeping into the market creating further demand and once again pushing prices further north.

With more and more speculators moving into this market we see property rise at a phenomenal rate of growth, \$20k - \$50K per month, and most would agree that this is when a property boom is at its peak. Now the media headlines read "how long can this go on?" The answer my friends is usually 6-12 months after we start reading about the slump we are about to have in every daily paper. So you know you still have a good 6 months to tuck one more investment under your belt and still realise some gains before the market eases again.

So now that you have a better picture of how the property cycle works all you have to know now is that all of this usually occurs over a 7-10 year period. The same time it takes roughly for most properties to double in price. If we consider that the average annual growth rate of properties across Australia over the past 100 years

has been 8% we can see clearly how this can be true ....so in essence it simply does not matter at which time in the property cycle you buy an investment property, so long as you hold it over the long term you should see any investment double in price and we should see you make a tidy profit, which at the end of the day just might help you snag that great catch!! Until next time, may your investment always rise, pardon the pun!

If you have an investment related question or wish to seek advice on property investment email Lisa at invest@gmagazine.com.au



Birthday wishes.
We received some lovely emails from friends of Q Magazine for our 2nd birthday:

Congratulations Q on a great publication and happy 2nd birthday.

Ron and David Laird Hotel

A birthday! How festive!
I've put it in my social diary so I'll be
sure to remember to phone and sing
by breathy Monroe version of "Happy
Birthday"

Regards, Wayne Skinny Dips Resort & Spa

## q property: 2 SPECIAL OFFERS

Parker Investment Properties together with RIA Property Group are pleased to offer two outstanding property

Offer One: Save \$20,000 off the purchase Price Situated in Melbourne's high growth corridor, Point Cook you are being offered the opportunity to secure one of 15, 3 bedroom town houses at a discount of \$20,000 each. This is a special pre release offer only available through Parker Investment Properties and will only be available for a limited time. Priced at only \$290K and coupled with a 2 year rental guarantee these luxury Town residences will not last long.

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## Investment Opportunity

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- 'a little bit of lifestyle'

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You will be impressed by the range of accommodation, the pubs, clubs and shops and the diversity of places to wine and dine, including several award winning restaurants.

Take in the breathtaking views and watch the migratory humpback whales from May to October. Enjoy coastal walks, surfing, sail boarding, swimming, and fishing.

Enjoy retail therapy, culinary treats, and for those who want to ride the clean waves off the spectacular coastline Lennox Head offers a legendary near perfect right hand break.

To the north of the village lies Lake Ainsworth only a few metres from the surf. It's tea tree waters are a favourite sailboading, canoeing and swimming spot. Stay for the day or camp overnight in the regulated caravan park.

The temperature in Lennox Head on average, ranges from 19 to 32 degrees in the height of summer. In winter 11 to 26 degrees.







## in bed with: BEN

Hmmm Passion, oh yeah that's it! Give it to me baby...

With the start of the year being hectic for most, taking a look at what I've done over the past couple of months (not who I've done) I almost fainted! Actually, I almost fainted over the lack of the second one as well!

The start of the year has consisted of laser hair removal, travelling to Adelaide, working crazy hours, going on several bad dates (no I mean really bad dates) P.S. It's not you if you're reading this article!!!!

The one thing that seems to have taken over my life completely, is not some Italian stallion, it's my business – Nation Wide Networking (Note: If you are an Italian stallion, send your pics to the Q Magazine email address).

For those of you who don't know, I don't just sit on my arse all day and write whatever the hell I can think of. Ok sometimes I do and they still seem to publish it anyway.

No, in fact I run a business that requires 6-7 days of work each week with 60 plus working hour's on average. How do I do it? Stupidity did cross my mind several times but it is more the fact that I'm incredibly passionate about what I do. (And no I'm not a call girl!)

I run monthly networking events for business owners to help them grow and expand their businesses fast.

I'm currently going through the process of expanding my services and running fancy doo dar events. Which include the State Library and Next Blue at Crown Casino over the coming months, where I will be interviewing millionaires live on stage.

So why do I work so incredibly hard and put myself under so much pressure? Call me sick but I just love it. Is there something your incredibly passionate about in your life? And I don't mean just getting laid, ok that's up there but not the only thing, right?

All I can say is that when you are that passionate about something, you will do whatever it takes to make it work, whether it's a relationship, career or business.

Do what you want to do, not what you think you should be doing!

My passion allows me to do and experience things I wouldn't normally get to. For example next month one of my colleagues gets to push me out of a plane at 12,000ft and see if I really am an angel. I hope I get a parachute! No even better, its tandem skydiving, so I get a man strapped to my back instead! Excellent...So what is my point? (Hell, I don't know!) Oh that's right!

Be willing to get up the courage to give what you really want to do in life a go. It doesn't matter if it doesn't work out the first, second or the third time. It's more the fact that you were willing to go for your dream.

Live your life passionately and be prepared to make mistakes along the way, it's the journey that counts not the destination.

Till next month.



To make contact with Ben email ben@qmaga-zine.com.au or www.nationwidenetworking.com

And another Birthday wish:
Hiya Bretty,
CONGRATULATIONS!!!!!!!!!!!!
Not bad for a little bloke from Cairns is

I hope to be around with you celebrating the 5, 10, 15 and 20 year anniversaries too!!!!! Good on you for all the hard work that you have put into 0! I know what it is like trying to pull a publication together and keep it running! You should be really proud of it all Brett. You manage to produce and operate a quality mag in some VERY trying times for you personally – I

know because I have seen it first hand.
See you soon, and again, congrats on all your hard work. I hope that you feel that it has all been worth it – it certainly has been for the

All my love

GregII - President, PLWHA (Vic)



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## q travel: CAIRO & PYRAMIDS OF GIZA Pictures and article by Shek Graham



We arrived just before dawn, after a short flight from Hurghada. The city was enveloped in a fairly thick smog. It was hard to see anything even as the sun came up, other than a very orange sunrise! Even as we approached within a few kilometres of the Pyramids, they were still lost in the smog. Fortunately the smog did disperse, but there were still yellowish remnants hanging over the motorways.

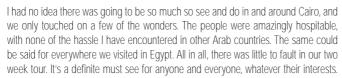
The rest of our visit was a wonderful experience. On the first day we did a five hour tour of part of the city. We took in some of the market areas which are very colourful and abounding in bargains. Don't miss the perfume shops here! We then visited the Citadel and the stunningly beautiful alabaster mosque. This houses the tomb of Mohammed Ali, and was designed by a Greek architect and built between 1830 and 1857. The exterior is covered in the finest alabaster and glows in the sun above the city of Cairo. The views from here are also amongst the best in the city.



Few people know of the Christian churches built into the mountains which provided the stone for the Pyramids of Giza. We were very surprised when our guide pulled up outside a wonderful edifice of scenes from the Bible, carved into the sides of the cliff face itself. In 1974 a huge cave was discovered and in 1991 emptied of 140 thousand of tons of stone discarded from the quarries in this area. In 1993 the caves were consecrated as two huge Christian churches, the interior walls carved again, with scenes from the Bible. The top storey of the church (St. Simon the Tanner Hall) holds 2000 people whilst the bottom storey (St Marks) holds 6000. Neither of these two churches are in any of the conventional tour books of this area.

The next day we went to visit the Pyramids of Giza. Even though we had seen hundreds of photographs and watched numerous shows about these astonishing monuments, nothing could prepare us for the real majesty of these massive constructions. Frankly, I found them awe-inspiring. There are three pyramids here. The largest is Cheop's Tomb, and is known as the Great Pyramid and is currently 137m high, originally 146m. The second largest pyramid still has some of the original marble facing right at the top and stands at 140m, taller than the Great Pyramid now, but with a smaller base. This is the Tomb of Chephren, and a few hundred yards in front of it is the Sphinx, built to guard the Tomb. The smallest of the three pyramids is the Tomb of Mycerinus, and is a lot smaller than the other two. All these date from the 4th Dynasty, 2600 B.C. to 2487 B.C. They are the tombs of father, son and grandson.

In the afternoon we went to the Cairo Museum which houses many of the artefacts found in the Nile Valley and in the Pyramids around Cairo. The most famous of all its exhibitions is that of Tutankhamun and the riches found in his intact tomb in 1922 by Howard Carter. These include his solid gold death mask as well as his solid gold coffin, and his two gilded wooden coffins. These were further incased in another four carved and gilded wooden boxes, all dating from around 1323 B.C. It would be easy to spend several days wondering amongst the many exhibits in this museum.











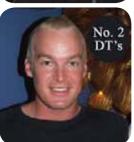
## q cuties: VISUAL PLEASURES



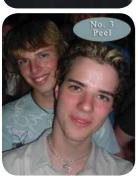
Our March Q Cuties title goes to our boy from Heaven's Door - Commercial Road. You have won a \$50 drink voucher at Heaven's Door - which can be collected anytime by simply identifying yourself to one of the friendly staff - congratulations.

The idea is YOU choose the picture you think has the cutest guy or guys in it and sms 0429 88 QMAG with the corresponding number. The pic with the most votes will win a fabulous prize with the compliments of one of our advertisers and Q Magazine. So get your fingers working and vote today!!





If you think you've got what it takes to be a Q Cutie, send your picture and the name of your favourite venue to cutie@qmagazine.com.au We'll choose one from a selection of venues each month and place them in our Q Cuties section. Pictures must be good quality and not contain any pink bits. Pictures can be of individuals or groups - contact details must also be included to verify the people in the pictures wish to be in Q Magazine. You never know - you could be our next Q Cutie.





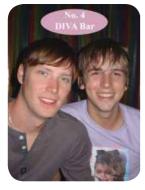
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## From the dear doctor's desk....

Sorry I missed Mardi Gras, but whilst hitch-hiking up to Sydney, I got as far as Wagga Wagga - thanks for the six day weekend (breaker breaker full load) and boy was I hot for that rig.....

baby baby.

## dear: DR TIFFANY

I feel a bit silly writing to you about the price of petrol, but you seem to be the only person that will listen to everyday people. Anyhow, "Petrol" is so expensive. I can't even afford to fill up the tank.

Signed Frustrated

#### Dear Frustrated,

You are guite right. Cost per litre is outrageous. That's why when you do fill up, you must not waste a drop. When I need petrol, I always take a cushion to put on the ground. When you put the nozzle into the fuel tank, using the cushion to kneel on, get as close as possible to the opening. After 25 dollars worth, you might need to be helped to the cashier but at least you'll have your monies worth.

Dear Dr Tiffany,

I often frequent my local pub in Richmond and have recently noticed that all the staff there have been very attentive to me. I am finding myself uncontrollably wanting to come back for more and am even thinking of some of the bar boys in my own time (especially BM). Do you have any advice for me on how to control my sexual desires in such a family hotel? Signed Disco Andy

Dear Disco Andy.

The emotions that you are having are quite natural. If this particular family hotel is the one I think it is, all the bar staff are guite have-able. So start with the shortest and work your way up to BM. I think they will put the D back into Disco and the I back into Imagination.

Dear Dr Tiffany,

I met this really hot guy at the T-Dance, Carnival Day, and we have been seeing each other once a week since. But my problem is, although I am a top, I like to be a bottom sometimes

He only wants to be a bottom.

Signed Versatile

#### Dear Versatile.

I think in a modern world you must be versatile in anything you do. The next time you are together, and I assume he stays the night, wait until the wee hours in the morning when he has a morning glory, and just do what comes naturally. When he wakes up, he will see his penis is used for more than one purpose.

Send your questions to deardrtiffany@qmagazine.com.au and our fine doctor will answer them in the next issue of Q Magazine.



The Monash Philharmonic Music Society is hosting a music festival at Monash University. Clayton on the 7th of May.

This is the second music festival hosted at the University and there is no other like it around Melbourne!

The Music festival will feature over 18 groups. some of the finest stage bands, orchestras. concert bands and jazz groups around Melbourne featuring the Victorian Police Showband.

Starting at 10am. the festival will be a day long fun-filled entertainment event.

For further information go to www.monashphil .org/festival

## q people: **KATE ALEXA**

At 18, Kate Alexa has already establishing herself as a player on the Australian Music Scene.

On the invitation of Liberation Music, I spoke to Kate about her music, her inspirations, and how her life is in general.



Do you think at your age, people take your music seriously?

You know what — I write pretty-much all my own stuff — and everything I write is based on my experiences or what I am feeling at the time and people sometimes say "you are so young and how could you have experienced anything" and that's not fair cause obviously if I am writing about it I have experienced it.....a lot of the time though, people are not negative and are surprised by my age.

## Your new single - "All I Hear" – what were your influences surrounding the track?

A really really crap relationship. It's about a person and no matter what they say they just drive you insane......after a while you just get over it and them and you just don't care about what they have to say.

## How did you enjoy the L.A. experience?

It was such a good experience. I learnt so much. It was actually my second time there, so I was much more on the ball and my writing was improving — it's good to get away and meet lots of new people — good fun.

#### Tell me about touring with Jesse McCartney....

It was such an awesome experience. It was my first show on a bigger stage — it was a fairly young audience and a lot of them new my previous two singles so they were really getting into it and I had a ball. Performing live with a band was awesome. I've also just performed with the Backstreet Boys and that was a whole different experience again — much bigger venues — I was freaking out, especially for the Melbourne show at Rod Laver Arena cause I had been used to going to see shows there myself — it was a full house — but once I was up there it was such an adrenalin rush.

## What sort of music do you like to listen to?

I am a bit mix and match. Alicia Keyes is certainly one of them and a couple of bands that aren't really big in Australia but are huge in the U.K.

## Your album "Broken and Beautiful" [releases in Australia mid 2006] what can we expect?

It flows well. There are a few songs that I would call organic pop – flowing easy listening relaxing music – then it goes into more recent stuff which is a bit more edgy and dancey.

#### Will we see a Kate Alexa tour in the not-too-distant future?

I'm hoping so. After doing the two big supports, I'm looking forward to doing some smaller stuff on my own, so I get more used to getting into it with the audience — that would be unreal — so I think I am going to do a regional tour around Australia — which is exciting.

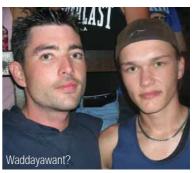




To make contact with Morag, send an email to camp@qmagazine.com.au

# amp CAPERS









Today's sermon my children, is all about the 7 deadly sins. Being the month in which we ALL celebrate Easter – well those of us who enjoy the time off appear to celebrate it – AND, being one who fell from grace of the Holy Roman Church many years ago), I thought, that I am in a divine position to preach to my lesser mortals who read my holy ramblings.

The timing of Easter suits us queens quite well actually. Let's face it we can party all the way from New Years Eve; all the way through Midsumma; get completely off our nut on Labour Day weekend; then continue the sinning all during Good Friday, then we can simply tell the priest we're sorry for any 'sins' we may have committed — (yeah, like a queen's gonna party for almost 4 months and NOT sin!).

As I mentioned earlier, dear old Morag was brought up very catholic and even studied to be a nun for a while! Ah the memories...... "oh reverend mother I'm so sorry about the 14" dildo you found under my bunk, it must belong to Father Tom, he and some of his alter boys were practising wrestling moves earlier....."

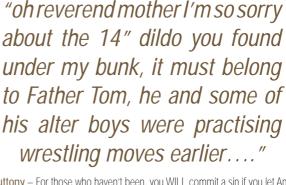
For those of you who need some holy education, we ALL managed to commit every one of the 7 deadly sins since the opening of midsumma. Now, lets see how  $\underline{I}$  did...

 $\underline{\text{Pride}}$  — well, I was going to mention Pride March, but that was like soooo long ago, so instead, we can have Pride in our little Mardi Gras demonstration.

<u>Envy</u> – Now I know you all look up to me as being THE Queen of Melbourne, but I guess I was just a wee bit envious the other night when some other "Queen" was asked to open the bloody wanky Commonwealth Games.







<u>Gluttony</u> – For those who haven't been, you WILL commit a sin if you let Anton & Philipe fill you up at the DT's weekly BBQ.

<u>Lust</u> – This one I know. Just about every man and his dog has been lusting over the new barman at the Peel recently – Just as well he's decided to be celibate for a couple of years!



<u>Anger</u> — I'm still particularly upset at the stupid pricks who drive down Commercial Road and shout from their cars some derogatory comments about my sisters.

<u>Greed</u> – Some venue owners STILL think there is a little 'Pink dollar' factory out there somewhere and that we can all easily afford ridiculous cover charges.

<u>Sloth</u> – My favourite (well after the Lust thing), After a HUGE labour day weekend, when you lay around for 5 days trying to come down, I reckon that could be quite Slothfull?

God bless you all, Morag



Now possums, I've had a word with my favourite Editor and I've got his ok to give out a lovely \$100 gift pack with the compliments of the Peel and Foam-a-Sexual for the person who sends me the most creative email with how they're going to commit 7 deadly sins within the next week — there will also be a bonus if all the sins are committed in one night and/or event!



## g fashion: with CRAIG MICHAELS

#### The Process

Have you ever wanted to improve or change your image? Many people do for a number of different reasons. Some people want to change their appearance to create business opportunities, health reasons and personal improvement or even to please their partner.

## This can happen in a number of different ways.

Are you currently working out at a gym to improve your body shape or on a diet? If you are you do not want to keep dressing the same as you were before or how will people notice all of that hard work that you have been doing. You want people to notice your body shape has improved; after all why would we be working so hard in trying to change our image if people were not body conscious.

## So where do we start to change our image?

The first step is to research an image consultant or stylist that you want to use and see what they have to offer. However there are a number of pitfalls with this method. Many people will tell you they are qualified because they have done a course (Which means, paid a fee to make others rich) and now are specialist in this field.

Check out image consultants and stylist web pages, ask them for before and after photos of work they have done. (Make sure they have not just bought photos for their own web pages). A good consultant will ask you numerous questions to find out what your needs are and how they can help you improve them. Make sure that they are listening to what your needs are as often they will just want to create their own image.

You then need set a budget of what you want to spend and then what you can really afford (Just in case they are really good and find those extra amazing pieces.) Then when you meet your Image expert, for the first time meet them over a coffee or glass of bubbles to talk freely with them to see if you like them. Make sure you are not being charged for the first hour for your meet and greet. Judge them on what they are wearing as you are about to trust them on throwing things out of your wardrobe or giving your old clothes to charitable companies.

Once you have selected the person or company that you are going to be working with they will go though your wardrobe and work out what still suits your body shape and remove what you have not worn for years. The other area to be aware of is colours. Many consultants will tell you that you can only wear certain colours because you are either Winter, Autumn, Summer or Spring.

There are 2 major flaws to this style of training and it is simple. (1) If you change your hair colour or (2) Does your skin colour change in Winter or Summer.

The truth is all consultants use colour to make you look great. The secret that they will not tell you or they don't know is that the first colour you use is a persons eyes.

The other way to judge what colours work for you and what don't is also a simple rule: When you hold a piece of clothing up against your skin one of two things will happen, it will either add colour to your face or it will drain colour.







For further information please email Craig via fashion@qmagazine.com.au



# q cosmetic: with DR. PAUL SPANO

#### WHY TAKE VITAMIN C SUPPLEMENTS?

A healthy human body should contain several grams of ascorbic acid, commonly known as Vitamin C. The body's normal functions require significant amounts of Vitamin C on a daily basis as it is so widely used in many chemical reactions needed for continuing healthy life. Vitamin C is more quickly depleted if the body is under stress, diseased or in a toxic state. Our own bodies, unlike most animal bodies, are unable to produce Vitamin C because we lack a necessary enzyme. So the only mechanism we have for obtaining Vitamin C is through the diet or in supplement form. It is difficult to obtain enough Vitamin C in our modern diets of processed and genetically modified food, hence the need for supplementation.

#### VITAMIN C SUPPLEMENT AND ITS BENEFITS

- It is one of the main anti-oxidants i.e. counteracts the effects of free radicals (damaging chemicals) from UV radiation, pollutants, cigarette smoke, drugs, etc.
- Prevents capillary fragility
- Stimulates renal function and acidifies urine, preventing urinary tract infections
- is a universal detoxifier
- Assists in mineral uptake
- Boost immune system to fight bacteria and viruses by assisting the production of interferon and prostaglandins, main players of our immune system
- Enhances many of the body's enzyme reactions and the body's ability to make collagen (wound healing, anti-ageing)

#### ARE THERE ANY SIDE FEFECTS?

Most healthy people can handle large amounts (1-4 grams) of daily Vitamin C supplementation. During periods of stress or illness, the body's need for Vitamin C increases and larger supplements can assist in recovery and a general feeling of well being. Increasing the frequency of doses (breaking down doses throughout the day) and taking vitamin C with or after meals increases tolerance. The sign that the dose taken has reached the body's needs is a mild diarrhoea and/or gas that subsides as soon as the dose is reduced.

#### ORAL OR INTRAVENOUS?

I am "Run down" Oral supplementation is the most common and convenient method of self-administration for health maintenance or during mild ailments such as the common cold. When a person is very "run down" or has a "real flu" or has been "burning the candle at both ends" or consuming unhealthy food or even worse "drugs" the body benefits from larger doses that can be given quickly and safely into the veins for rapid detox and health recovery and instant energy. The effects can be quite amazing and work within hours of the treatment.

#### WHO SHOULD NOT TAKE VITAMIN C?

People with low bone density, which suffer from calcium deficiency or have bad kidney. Vitamin C is safe for any individual, of any age or any constitution. We do not recommend it during pregnancy or breastfeeding.

#### WILL VITAMIN C EXTEND MY LIFESPAN?

There are no human studies to support this contention. If vitamin C does allow you to live longer and healthier, it could do so because it reduces free radical damage to the cell membranes and stimulates the immune system to fight disease.

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BRUNO GMÜNDER

## g theatre: TREAT YOURSELF



Joanne Brookfield in Princess Pissy Pants The Greedy Cheese Eating Bitch and Other Naughty Dog Tales

Princess Pissy Pants The Greedy Cheese Eating Bitch and Other Naughty Dog Tales is about the twelve years stand up comedian Joanne Brookfield and her beloved German Shepherd cross Murphy spent together. Although full of stories covering the universal realities of dog ownership, the show is about more than just "have you ever noticed how dogs are different to cats?", it's about living live with courage, honour, integrity, loyalty, compassion and love. Oh yeah, and there's pooh stories. "A vigorously feel good show," said The Age, Joanne "oozes warmth but is never mawkish."

Tickets are on sale now through Ticketmaster outlets, phone 1300 66 00 13 or www.comedyfestival.com.au

Audience members are encouraged to bring a photo of their beloved pooch to be used as part of the backdrop to the show. Last year the show raised more than \$2,000 for the Lost Dogs' Home in North Melbourne and again will be raising much needed funds for them.

Venue: Duckboard House Basement, 91 Flinders Lane (bw Russell & Exhibition St), Melbourne Dates:  $26^{lh}$  April  $-6^{lh}$  May (not Mondays) Tickets: \$17 full; \$15 conc, laugh pack or groups 6 or more; \$13 all tix cheap Tuesdays Times: 7pm Tue-Sat; 6pm Sundays; no show Monday.

## q movie review: with DON KERR

Brokeback: A cultural icon in the making?

Set in the rural conservative American heartland in the early 1960's, two dirt poor young ranch hands seek a summer job herding sheep on the beautiful and isolated Brokeback Mountain. Male teenage hormones being what they are; individual loneliness turns to companionship which abruptly segues to lust and love that dare not speak its name. At summers end, both go their separate ways, marry and father children. Years later they meet again and continue their secret relationship.

In the tradition of the great tragic love stories like Romeo & Juliet; Brokeback Mountain has a heart wrenching conclusion. The unnecessary socially destructive effects of love that can not be publicly displayed or acknowledged is explored and gives the movie much of its impact. A movie made with consummate skill about a controversial subject is almost certain to polarize opinion. Those who condemn it have often not actually seen the movie while those who praise it have sometimes viewed it more than once.

Resonance; that rare quality where a movie touches the soul of the viewer, occurs with many who see Brokeback Mountain. This is probably due to the fact that the movie is utterly believable, to both opponents and supporters of the subject matter. Those sympathetic to the premise that hyper masculine men can be same sex attracted find resonance in the credibility and believability of the movie, which is exactly why those opposed to the premise find a threatening resonance in the movies humanizing portrayal of consenting adults whose love is constrained by an intolerant society and who are not demons as religious dogma would have it.

As one of the most awarded movies of the last 12 months, Brokeback Mountain has outstanding attributes in many departments; acting, music score, cinematography, and, script, just to mention a few. Ang Lee richly deserves his many Best Director awards for this movie. Film schools across the planet will probably select Brokeback Mountain as a core part of their curriculum, to study the multi layered synergy achieved by Mr. Lee.

The many skilful qualities, believability, and, resonance, coalesce to make Brokeback Mountain arguably the best tragic romance since Titanic. This reviewer thinks that it is highly likely that Brokeback Mountain will achieve the status of a cultural icon of our times; up there with Gone with the wind.

By all means, go along and see it, if only to be able to make accurate criticisms.

## g invest extra: PLAN FOR THE FUTURE



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For further information please contact: Adam Renouf at Oliver Hume Real Estate Group Ph: (03) 9669 5999 Email: a.renouf@oliverhume.com.au





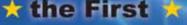




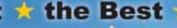
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## generation q: with LUKE HUGGARD

The Grass is Always Greener

What is the one thing about yourself you would change if granted the opportunity? This was the question posed by a stranger in Daylesford recently, although I quickly moved on, eager to enjoy my fabulous weekend of sun, fun and champagne with close friends.

However, back in the city, I couldn't help but realise that maybe that question holds more relevance to gay people than I initially thought. What would I change and more importantly, can I only change ONE thing? Suddenly, I found myself sorting through a long list of potential changes, from a better body to the ability to walk past designer stores and just keep on walking! Now I'm no doctor (I'll save the medical issues for experts like Dr. Tiffany!) but let's face it - an emphasis on body image and good looks, and the insecurities caused by them, are rife within the gay community.

The popular perception that the hottest guys are always gay haunts those who don't live up to the desired image, while marketing towards the gay community usually features topless men or gorgeous young boys. I'm not about to explore the complexity of gay identity issues nor am I brave enough to argue that looks don't matter, but surely there is a broader picture that many of us sometimes fail to see.

I often attempt to improve my appearance as a way of feeling good about myself, although even my most loyal of fag hags have advised me that spray tanning just doesn't work for me! (see last months headshot!) And as confident and content as I believe I am, I'd be lying if I said that the sight of a perfect body doesn't make me feel a little inadequate at times. After all, it's not fair, why does his body look like that and mine like this? At the time that question is always rhetorical, but the answer is simple darling -Because you do not work out! And also, because one of his strengths may lie in his appearance while yours are elsewhere! I complain I'm too slim, a best mate frets over a couple of extra kilos, while those in between still complain! I love to complain as much as the next person (just ask the guys I've dated) but where do you draw the line?

As we feed the fires of a scene which holds the object of masculinity and the perfection of the male body high upon the throne, is it really any wonder people are left complaining? Somehow, the grass is always greener...until real issues in life shed some light on the importance or unimportance of certain things. The snapshots of me in little more than my CK's at Chillout weekend serve to remind us all that excessive drinking is not okay! But they are also testament to how liberated and fabulous one can appear on the outside when content on the inside. I'm by no means model material, so therefore is it wrong that I love myself when I look in the mirror? I say absolutely not and only hope that many more people I know could love themselves as well. And now I have an answer for that stranger in Daylesford...would change nothing, only hope that I never lose the ability to realise and appreciate what and who is important in my life. At the risk of sounding like a gay Dr. Phil impersonator, I have to finish with this fabulous quote I heard recently: "Life may not be the party you thought it would be, but while we're here, we might as well dance."

To make contact with Luke, send an email to luke@qmaga-zine.com.au







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## q beauty: with GEORGE ALEXANDER









#### What's new?

Looking for a new moisturiser? Or perhaps the next wiz bang product on the market. Well let me give you a preview of what's happening at the moment in new skin care products. Here are some new-comers.

#### Freeze 24/7

Reverse the signs of aging within minutes with one applications of Freeze 24/7 Anti-Wrinkle Cream. This fast-action cream instantaneously melts fine lines and wrinkles and lasts up to 24 hours. Their Age-Less technology releases tropical muscle relaxants to penetrate the skin and work from the inside out to yield a smoother, plumper, even, dewy complexion.... all mithin minutes.

Diminish the appearance of crows feet, laugh lines, forehead furrows, droopy brows, stretch marks, sun-damaged skin, and more. 100% safe. 100% effective. Instant gratification. Who needs botox!

#### IceCream Double Scoop

IceCream Double Scoop by Freeze 24-7 is a daily moisturising treatment that provides intense hydration, while nourishing, firming and toning skin. With a proprietary complex containing Myoxinal fueled by Hibiscus Protein Seeds, IceCream Double Scoop increases skin's moisture levels while visibly diminishing the appearance of fine lines and wrinkles.

Together with Argireline and antioxidants L-Carnosine and Green Tea extract, these powerful ingredients fight skin thinning and maturation and protect against harmful UVA/UVB rays and other toxins in the environment

#### Clarins Extra Firming Day Cream

On application, it gently lifts and minimises fine lines; Helps preserve skin's guardian cells to maintain skin's self defence capacity during the day and optimize its renewal capabilities; Stimulates the activity of fibroblasts and reinforces the supportive tissue; Optimises moisture balance in the skin's upper layers; Protects against free radicals and the harmful effects of environmental aggressors with its Anti-Pollution Complex. It also preserves skin's radiance and youthful appearance.

Before bed, Clarins offers Extra Firming Night Cream.

## Botani Olive Repair Cream

Botáni's Olive Repair Cream is dedicated to providing a genuine, safe and effective solution to combat dryness and revitalise delicate and damaged skin. The principal ingredient found in the Olive Repair Cream is Squalene, a naturally occurring substance found in olives. It is biocompatible with the skin and has a similar molecular structure to the squalene secreted by the skin's oil glands.

Botáni's Olive Repair Cream relieves, protects, nourishes and restores harmony to sensitive, dry, devitalised and mature skin. Botáni's Olive Repair Cream gives the skin the freedom to breathe and function naturally, enhancing its vitality and wellbeing, minimising adverse skin reactions, dryness, irritations and redness.



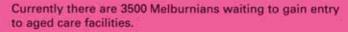
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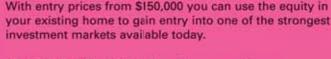








OH Life, a division of the Oliver Hume Group, have a number of strata titled units in a quality facility in North West Melbourne available for sale. Each unit is fully managed and maintained and comes with a 40 year lease agreement.





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